



<u>General Volleyball Skills Camp</u> – August 1-4, 2022 \$75 Students going into 3rd,4th, 5th, 6th grade: 8 am – 10 am Students going into 7th & 8th grade: 10 am – 12 pm

<u>Hitter/Setter Camp</u> – July 25-27, 2022 \$50 Students going into 7th and 8th grade only: 10 am- 12 noon

ALL camps will take place at Waunakee High School

- The Waunakee General Volleyball Skills camp will emphasize the skills used in volleyball. The skills learned in this camp reflect the skills used in a high school volleyball game. Appropriate progressions will be taught to the players.
- Skills include: Serving, Passing, Setting, Attacking, Blocking, Digging, Teamwork, Serve Receive, Base Defense, Communication, SPORTSMANSHIP, and of course FUN!!!
- Anne Denkert, Head Volleyball Coach, along with her coaching staff & former Waunakee Volleyball players will provide both individual & group instruction.
- The Waunakee Hitter/Setter Camp (7th and 8th graders only) will emphasize progressions for successful hitting & setting. Players will learn arm swing, footwork, timing, shot selection, and hand position.
- Each day will consist of an appropriate warm-up, stretching, skill technique and development.

REGISTRATION IS ONLINE!

https://waunakee.revtrak.net/Athletics/#/list

Then click on the Youth Volleyball Camp

?? Questions: Contact Coach Anne Denkert via email at <u>annedenkert@waunakee.k12.wi.us</u> or via phone at 608-849-2100 x 2704