

Waunakee School District High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered
Daily

September
2022

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MONDAY

TUESDAY

WEDNESDAY

THURSDAY 1

FRIDAY 2

EXTRA INFO

- Premium Grill** Smashburger with Cheddar or Pepperjack Cheese
- Creation Station** Made to Order Premium Sub Sandwich Bar, with Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

- Premium Grill** Homemade Quesadilla, Tortilla Chips & Salsa
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

Harvest of the Month



Chef Brian prepares a Chef Meal Daily!

*Water or Milk is included with Lunch.
For questions or comments contact the
Food Service Office. 608-849-2185*

Menus are subject to change without warning. This institution is an equal opportunity provider.



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5
MONDAY

No School Labor Day

8
THURSDAY

Premium Grill Smashburger with Cheddar or Pepperjack Cheese

Creation Station Made to Order Premium Sub Sandwich Bar, with Chips

Pizza Parlor Cheese, Sausage or Pepperoni Pizza

Diner Station Deluxe Popcorn Chicken, Variety of Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps are available daily in our cooler

6
TUESDAY

Premium Grill Smashburger with Cheddar or Pepperjack Cheese

Creation Station Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad

Pizza Parlor Cheese, Sausage or Pepperoni Pizza

Diner Station Crispy Chicken Tenders, Variety of Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps are available daily in our cooler

9
FRIDAY

Premium Grill Grilled Quesadilla with Chips & Salsa

Creation Station Made to Order Pasta Bar, Garlic Breadstick, Side Salad

Pizza Parlor Cheese, Sausage or Pepperoni Pizza

Diner Station Chicken Tenders, Variety of Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps are available daily in our cooler

7
WEDNESDAY

Chef Brian Presents Warrior Wings, Carrot & Celery Sticks

Creation Station Asian Express

Pizza Parlor Cheese, Sausage or Pepperoni Pizza

Diner Station Chicken Nuggets, Variety of Grab n Go Options

Fresh Express Fresh salads, sandwiches and wraps are available daily in our cooler

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MONDAY

- Premium Grill** Tortellini Bar with Grilled Chicken, Alfredo or Pesto Alfredo, Garlic Breadstick
- Creation Station** Ultimate Nacho Bar
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

15

THURSDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack, Chef's Choice of Side
- Creation Station** Made-to-Order Premium Sub Sandwich Bar, Bag of Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

13

TUESDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack, Chef's Choice of Side
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

16

FRIDAY

- Premium Grill** Grilled Quesadilla with Chips & Salsa
- Creation Station** Made to Order Pasta Bar, Garlic Breadstick, Side Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

14

WEDNESDAY

- Chef Brian Presents** Warrior Wings, Carrot & Celery Sticks
- Creation Station** Asian Express with Chicken & Choice of Sauce, Fried Rice, Vegetables
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Nuggets, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

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MONDAY

- Premium Grill** Tortellini Bar with Grilled Chicken, Alfredo or Pesto Alfredo, Garlic Breadstick
- Creation Station** Ultimate Nacho Bar
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

22

THURSDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack
- Creation Station** Made-to-Order Premium Sub Sandwich Bar, Kettle Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

20

TUESDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

23

FRIDAY

- Premium Grill** Grilled Quesadilla with Chips & Salsa, Tortilla Chips & Salsa
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

21

WEDNESDAY

- Chef Brian Presents** Warrior Wings, Carrot & Celery Sticks
- Creation Station** Asian Express with Chicken & Choice of Sauce, Vegetables
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Nuggets, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

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- Premium Grill** Tortellini Bar with Grilled Chicken, Alfredo or Pesto Alfredo, Garlic Breadstick
- Creation Station** Made-to-Order Nacho Bar
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

29

THURSDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack
- Creation Station** Made-to-Order Premium Sub Sandwich Bar, Kettle Chips
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Deluxe Popcorn Chicken, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

27

TUESDAY

- Premium Grill** Smash Burger with Cheddar or Pepper Jack
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Garden Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

30

FRIDAY

- Premium Grill** Homemade Quesadilla, Tortilla Chips & Salsa
- Creation Station** Made-to-Order Pasta Bar, Garlic Breadstick, Fresh Salad
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Tenders, Variety of Grab n Go Options
- Fresh Express** Fresh salads, sandwiches and wraps are available daily in our cooler

28

WEDNESDAY

- Chef Brian Presents** Cheese Tortellini with Freshly Grilled Chicken, Carrot & Celery Sticks
- Creation Station** Asian Express with Chicken & Choice of Sauce, Fried Rice, Vegetables
- Pizza Parlor** Cheese, Sausage or Pepperoni Pizza
- Diner Station** Chicken Nuggets, Variety of Grab n Go Options
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