Waunakee School District Intermediate Lunch Menu Fresh Fruits & Vegetables are offered daily

January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 **Welcome Back**	4	5	6
	Crispy Chicken Nuggets	Crispy Chicken Salad	Pasta with Meatballs & Sauce Rip Stick Breadstick	Cheese Pizza
	BBQ Rib Sandwich	Turkey BLT Wrap	Crispy Chicken Sandwich	French Toast Sticks Sausage Patty Syrup
	Steamed Corn Cherry Tomato Fresh Mixed Fruit	Golden French Fries Cherry Tomato Fresh Grapes	Roasted Broccoli Cherry Tomato Kiwi	Glazed Carrots Cherry Tomato
9	10	11)	12	13
rispy Chicken Tenders	Crispy Chicken Nuggets	Walking Taco	Grilled Ham & Cheese Sandwich	Cheese Pizza
Cheeseburger on a Bun	Meatloaf	Corn Dog	Crispy Chicken Sandwich	Ham Deli Sub Sandwich
Golden French Fries Baby Carrots Diced Peaches	Mashed Potatoes Gravy Whole Grain Dinner Roll Baby Carrots Banana	Roasted Corn Baby Carrots Banana	Tater Tots Baby Carrots Applesauce	Green Beans Cherry Tomato Kiwi
16	(17)	(18)	19 **New Menu Item**	20)
	Cheeseburger on a Bun Choice of Flatbread	Beefy Nachos w/Homemade Cheese Sauce	Crispy Chicken Sandwich	Cheesebread Dunkers
	Honey Mustard Ham Wrap	Sausage, Egg & Cheese Sandwich	Cravin Craisin Salad	Yogurt Pak with Bagel
	Baked Beans Cucumber Slices Diced Peaches	Tri Tater Broccoli Florets Fresh Pear	Potato Wedges Cucumber Slices Banana	Glazed Carrots Cucumber Slices Fresh Apple
23 **New Menu Item**	24	25 **New Menu Item**	26	27 **New Menu Item**
	Shrimp Poppers	Beefy Nachos w/Homemade Cheese Sauce	Mini Pancakes Scrambled Egg Patty Syrup	Cheese Pizza
	Cheeseburger on a Bun	Orange Chicken Brown Rice	Crispy Chicken Sandwich	Southwest Chicken Salad
	Macaroni & Cheese Roasted Corn Cherry Tomato Fresh Apple	Green Beans Broccoli Florets Sliced Oranges M&M Cookie	Potato Wedges Cherry Tomato Applesauce	Garlic Toast Roasted Broccoli Baby Carrots Diced Pears
30 **New Menu Item**	**New Menu Item** Lasagna Rollup with Sauce			
ish Sandwich with Cheese	Crispy Chicken Nuggets			
Parsley Potato Baby Carrots Diced Peaches	Rip Stick Breadstick Roasted Broccoli Baby Carrots Banana			

Lunch \$3.40
Adult Lunch \$4.25
Extra Entree \$1.75
Extra Milk \$.40

Milk or Water is included with Lunch. For questions or comments contact the Food Service office. 608-849-2185



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